

Swimming Pools, Dry Sauna and Fitness Center



Swimming Pool and Dry Sauna Hours

Winter Hours of Operation - Dependent on the school district calendar

Pool Hours- Winter Hours (September 1 through May 30 annually)

DAY	ADULTS	CHILDREN
Monday	6:00 am to 6:00 pm Pool open to Adults over 18	CLOSED FOR CHILDREN
Tuesday – Friday	6:00 am to 8:30 pm	3:30 pm to 8:30pm
Saturday	9:00 am to 8:30 pm	Noon to 8:30 pm
Sunday	Noon to 8:30 pm	Noon to 8:30 pm

Summer Hours of Operation – Dependent on the school district calendar

Pool Hours – Summer Hours (May 31 through August 31 annually)

DAY	ADULTS	CHILDREN
Monday	Gym 6:00 am to 6:00 pm	Pool closed – Adults & Children
Tuesday - Friday	6:00 am to 9:00 pm	11:00 am to 9:00 pm
Saturday	9:00 am to 9:00 pm	11:00 am to 9:00 pm
Sunday	Noon to 9:00 pm	Noon to 9:00 pm

- Note that the dry sauna is located adjacent to the indoor swimming pool.
- **The pool will occasionally be rented for private classes before and after hours. The facility is closed to our members during this time.**
- Residents, homeowners and members must bring their membership pass to enter.
- Residents and members may bring a maximum of 6 guests. Members 14 to 18 years of age may bring only one guest. All guests must be accompanied by a card holding resident or adult member and will be charged a guest fee of \$2.00 per person 14 years of age or older. The guest fee box is located in the indoor pool near the Pool Attendants office. Guests under 14 are free.
- All children under the age of 14 must be accompanied by an adult

Fitness Center Hours



DAY	HOURS
Monday	6:00 AM to 6:00 PM
Tuesday thru Friday	6:00 AM to 9:00 PM
Saturday	9:00 AM to 9:00 PM
Sunday	11:00 AM to 9:00 PM

RULES

For a complete list of rules please contact the Leasing Office

1. Admission to Health Club & Swimming Pools is limited to members and residents in good standing and their children who reside at the same address.
2. Residents and Members may bring a maximum of 6 guests. Members 14 to 18 years of age may bring only one guest. All guests must be accompanied by a card holding resident or adult member in good standing and will be charged a guest fee of \$2.00 per person 14 years or older. The guest fee box is located in the indoor pool near the pool attendant office.
3. All residents, members, and guests **MUST SIGN IN** when entering so that we can verify their membership. Guest fees must be paid at this time.
4. All children under the age of 14 years of age will not be permitted to swim without parental supervision or pre-arranged adult and pool attendant on duty. This does not mean that the adult may go into the gym or sauna while the child is in the pool. **No Exceptions!**
5. **With Pool attendant on duty all members between the ages of 14 & 17 may swim without an adult. These members will need a signed authorization from their legal guardian to be kept and filed in the Whispering Hills Leasing office.**
6. Members 14 through 17 years of age may use the gym facilities with a supervising adult.
7. **In order to enter or use the health club and pool, your membership card must be presented to a Pool attendant on duty.**
8. At crowded times; an Adult Swim may be called for ten minutes each hour for individuals 18 years and older.
9. Nude bathing is prohibited. Only proper swim attire is allowed.
10. All activities associated with the health club and swimming pools will be posted on the bulletin board by the pool manager.
11. No one will be permitted in the deep end of the pool unless he/she can demonstrate his/her ability upon request to swim one width of the pool, in good form, and his/her ability to tread water for at least 60 seconds. No arm "floaties" allowed.

12. Residents and members should shower prior to entering the pool. No oily type lotions or sun tan oil will be permitted in the health club or spa area as these clog up the filters. You may use them outdoors, but you must shower before entering the swimming pools or spa.
13. No diving into the pool or shallow water less than 6 feet deep.
14. No flipping off the side of the swimming pool.
15. Food, drink, alcoholic beverages, gum, and tobacco will not be allowed in the fitness room, locker rooms, inside the pool deck, or in the swimming pools. You may eat or drink in the hallway before you enter the pool or outdoor gazebo area.
16. Air mattresses, inner tubes, etc. shall be allowed in shallow water only and are subject to removal at the pool attendant discretion.
17. One side of the pool is designated for lap swimming only. Children are prohibited from playing or entering the pool on this side.
18. **NO GLASS ITEMS** are to be brought into the facility. **No Exceptions!**
19. Running, rough play, piggyback, and/or tag will not be allowed in the pool at any time. Failure to adhere to pool rules may result in expulsion of entire party for the remainder of the day and is also subject to pool attendant discretion.
20. Personal conduct in the swimming pools, fitness room, and locker rooms must be such that the safety of the individual and others is not jeopardized.
21. Failure to respond to pool attendant's requests will result in expulsion at the pool attendant's discretion.
22. Candy wrappers, trash, etc. are to be placed in proper containers. Aluminum cans are to be placed in recycling bins.
23. Chairs and lounges are primarily for use by adults. Children should relinquish them when the pool or the pool deck begins to fill up.
24. In the event of thunder and or lightning, the outdoor pool will be closed for 20 minutes until the last signs of inclement weather. The indoor pool will be closed in the event of lightning for 20 minutes until last visible sign of lightning strike.
25. Ropes, ladders, and pool attendant stand are safety equipment and not toys. They are to be used in the event of an emergency.

26. The pool office is for authorized personnel only. The phone is not for public use.
27. We are not responsible for the any items left or lost. We will keep items found for one week before disposing.
28. Entry/exit to pool and or clubhouse shall be through side doors at the pool entrance not through the weight room or front clubhouse doors. Entry to pool changes to gym entrance during winter hours to prevent cold air in the indoor pool.
29. Damage to club property shall result in member or resident being responsible for such damage. This is usually reimbursed from your homeowners or renters insurance.
30. Violation of all of the above rules and regulations will result in expulsion from the swimming pools and or health club. This includes failure to sign in when entering.
31. The swimming pools may be closed for maintenance purposes, health conditions, and or weather for any reason deemed sufficient by management. All rules and hours are subject to change without prior notice. Whispering Hills pool staff reserves the right to refuse entry to the facility to any person at any time.